13th congress of the European Federation of Sexology

Sexology: body, mind and culture

DUBROVNIK, May 25-28
Hotel Valamar Lacroma

2016

PRELIMINARY PROGRAMME
Dear EFS Members, Colleagues, and Friends,

on behalf of the European Federation of Sexology (EFS) and the Croatian Association for Sex Therapy (CAST) it is a great honour to welcome you to the 13th Congress of the European Federation of Sexology in the beautiful town of Dubrovnik, from 25th to 28th of May, 2016.

Sexology: body, mind and culture: this title was selected since sexology is a human experience that is truly influenced by our bodies, our mind and psychology, and also by our culture, values, religion, politics and attitudes. Therefore it is a truly multidisciplinary and multi-level area of research and clinical work.

Therefore, following the EFS tradition, we invite all the professionals who work in the realm of sexology: psychologists, psychiatrists, urologists, gynaecologists, general practitioners, endocrinologists, educators, teachers, social workers, basic researchers, nurses and many, many others to be part of this endeavour.

We will try hard to make the Congress the place where new and innovative approaches to both research and clinical work, and also sexual education and sexual rights, can be presented, heard and promoted. Therefore, we invite all of you who have something to say in regard to Sexology, to come and share your work with the scientific sexologists community; and all of you who want to hear and learn, to come and enjoy. Our Scientific Committee is working on a rich and outstanding program that soon will be available for you.

The Congress will be held in Dubrovnik, town rich in history and beauty, clear blue sea and clear blue sky. The City is situated in the southern part of Croatia, the country with more than a thousand islands (1,185 islands and 4,058 km of coastline, to be precise). So, you can enjoy not just the scientific and professional work at the Congress, but also relax from your everyday work in a beautiful natural and cultural context.

We would like to invite you and welcome you to actively become a member of the great family of EFS, and share with us the beauty of dealing with sexuality and helping people being more happy and satisfied with their sexual lives.

Chiara Simonelli
President of the European Federation of Sexology

Goran Arbanas
President of the Local Organizing Committee
Executive Committee

Officers
Chiara Simonelli Rome, Italy (President)
Kevan Wylie Sheffield, UK (Vice-President)
Moshe Mock, Netanya, Israel (General Secretary & Treasurer)
Antonio Pacheco Palha, Oporto, Portugal (Past President)

Members
Elsa Almas, Grimstad, Norway
Goran Arbanas, Karlovac, Croatia
Beatrice Cuzin, Lyon, France
Trudy Griffioen, Tilburg, The Netherlands
Miren Larrazabal Murillo, Madrid, Spain
Mehmet Sungur, Istanbul, Turkey
Francesca Tripodi, Rome, Italy
Sandra Vilarinho, Porto, Portugal

Scientific Committee

President
Salvatore Caruso, Italy

Liaison Officer
Francesca Tripodi, Italy

Members
Peer Briken, Germany
Adele Fabrizi, Italy
Alain Giami, France
Woet Gianotten, The Netherlands
Ilse Krah, The Netherlands
Evie Kirana, Greece
Tillmann Krüger, Germany
Mijal Luria, Israel
Timo Nieder, Germany
Cobi Reisman, The Netherlands
Mehmet Sungur, Turkey
Pedro Vendeira, Portugal
Local Organizing Committee

Goran Arbanas
Nataša Barolin Belić
Mia Boljat
Silvana Čeko Jurišić
Tanja Jurin
Nataša Mrduljan-Đujić
Josipa Rožman
Igor Salopek
Aleksandar Štulhofer
Iva Žegura

Scientific Information

ABSTRACT SUBMISSION


Abstracts can only be submitted on-line.
Abstracts received after January 4th, 2016 or incorrectly drawn up will not be accepted.
Before preparing and typing your abstract, please read carefully the following instructions.

Guidelines for abstract submission

• Abstracts must be written in English
• Authors can submit a maximum of two abstracts
• The Author submitting the abstract will be the “Corresponding Author” and will be responsible for informing all the other co-authors about the abstract status
• Text must not exceed 250 words (including heading)
• The title should be in bold and capitalized
• The presenting author name should be listed first. A maximum of ten authors and affiliation are allowed
• The text will be divided into four paragraphs boxes: aim, method, results and conclusions
• Do not include references. Do not include tables
• Please select a Topic
• It is the author’s responsibility to submit the abstract in perfect order with no errors in
• Notification of acceptance of the abstracts will be e-mailed to the “Corresponding Author” by the beginning of March 2016
• The Presenting Author of the accepted abstracts will pay the early registration fee till April 15, 2016
• Abstracts will not be published unless registration documents and fully payment fees are settled

For any problem or questions regarding abstracts submission please contact the Organizing Secretariat AIM Congress (ph.: +39.06330531– Fax: +39. 0633053249, e-mail: efs2016.abstract@aimgroup.eu)

GENERAL INFORMATION

Delegate’s Fee

The registration fee includes admission to the Opening Ceremony and the Welcome Reception, unlimited access to all scientific sessions, access to the exhibition, congress kit and attendance certificate.

<table>
<thead>
<tr>
<th>Registration fees VAT 25% included</th>
<th>UNTIL January 15, 2016</th>
<th>UNTIL April 15, 2016</th>
<th>From April 16 to April 30 and ON-SITE</th>
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<tbody>
<tr>
<td>Physicians (MD) EFS Members</td>
<td>€ 420,00</td>
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<tr>
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<td>€ 470,00</td>
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<td>Paramedics/Psychologists/Psychoterapists/Nurses/Teachers/Social Workers EFS Members</td>
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<td>Students* (younger than 35 years)</td>
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<td>Developing Countries**</td>
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All fees are requested in Euro (25% VAT included, except for Gala dinner and buffet lunches, which are inclusive of 13% VAT). Registrations will be processed only if accompanied by full payment.

**DAILY REGISTRATION IS NOT PROVIDED**

* Students must submit copy of their identity document (born after May 1981) and of their student card or a certificate from their learning institution as proof.
** Registration at reduced fee is possible for residents of developing countries and host country. A proof of your citizenship will be required on-site at the registration desk.
*** Three sessions of six parallel workshops will take place on Wednesday, May 25 from hrs. 14.00 to 15.30, from hrs. 15.30 to 17.00 and from hrs. 17.00 to 18.30. Participants willing to take part must be registered to the congress.

**Lunches**

Lunches are not included in the registration fee. Coupons for lunches on Thursday 26 and Friday 27 can be purchased. The amount to be paid for lunch coupon will be available shortly.

**Payment**

Payment should be made ONLY ON LINE at [web.aimgroupinternational.com/2016/efs](http://web.aimgroupinternational.com/2016/efs) by one of the following methods:

- **by Bank Transfer**
  Please transfer the payment to AIM CONGRESS
  IBAN IT58I030690324010000005348 – SWIFT/BIC: BCITITMM
  The payment transfer form should clearly state “EFS 2016” and the name(s) of the delegate(s).

- **by Credit Card**
  Is available an “on line” registration form with payment by credit card in security certificate mode “Verisign” and “SSB”. A regular invoice will be issued for each registration and will be sent by e-mail: please indicate your fiscal code and/or VAT number. Registrations without these data for invoicing will not be accepted.
  The invoice will be considered as a confirmation of your registration.
PLEASE NOTE
Deadline for pre-registration is April 15, 2016. From April 16 to April 30 you can still register but the fee to be paid is the on-site one. After April 30, 2016 registrations cannot be accepted. Participants will have to register on site in Dubrovnik.

Cancellation Policy
Notification of cancellation must be sent in writing to AIM Group – AIM Congress. Cancellations will be accepted until April 15, 2016 with a refund of all prepaid fees except for a 30% administration charge.

No refunds will be made for cancellations received after this date. All approved refunds will be processed and issued 60 days after the Congress.

Simultaneous Translation
The official language of the Congress is English. Simultaneous translation into a particular language will be provided for plenary session only for a minimum of 60 requests received by one month before the Congress.
The scientific programme of the Congress will include the submission of scientific works. The Scientific Committee will select abstracts received for oral or poster presentation. Nevertheless, it is possible to indicate a preference.

Hotel accommodation
The Organizing Secretariat has arranged very special rates for the Congress at the Valamar Group hotels. All the hotels are located on Babin Kuk peninsula, close to the famous Old town of Dubrovnik (6 km) and are walking distance from the Congress Venue (Valamar Lacroma).

Hotel accommodation can be requested to  efs2016@aimgroup.eu
Booking form on online will be available soon on web.aimgroupinternational.com/2016/efs
CONTACTS

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mail@europeansexology.com

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4337511 – Raanana (Israel)
Fax: + 972 9 7471331 – Telephone Number: +972 522501194

Organizing Secretariat

AIM Group International – Rome Office
Via Flaminia 1068 – 00189 Rome, Italy
Ph. +39 06 330531 – Fax +39 06 33053229
E-mail: efs2016@aimgroup.eu
## TIME TABLE

**Wednesday – May 25**

<table>
<thead>
<tr>
<th>Time</th>
<th>Elafiti</th>
<th>Elafiti 1</th>
<th>Elafiti 2</th>
<th>Asimon</th>
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<tbody>
<tr>
<td>14:00-15:30</td>
<td></td>
<td>Workshop 1</td>
<td>Workshop 2</td>
<td>Oral paper 1</td>
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<tr>
<td>15:30-17:00</td>
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<td>Workshop 2</td>
<td>Workshop 4</td>
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<td>D. Trotta, T. Strepetova</td>
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<td>17:00-18:30</td>
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<td>Workshop 6</td>
<td>Workshop 6</td>
<td>Oral paper 3</td>
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<td>The body-mind connection in</td>
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<td>vaginismus</td>
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<td>R. Bernorio, G. Mori</td>
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<td>18:30-19:00</td>
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<td>Master Lecture</td>
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<td>Body, Mind and Culture</td>
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<td></td>
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<td>C. Simonelli</td>
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<td>19:00-20:00</td>
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<td>OPENING CEREMONY</td>
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<td>20:00</td>
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<td>Welcome Reception</td>
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### Thursday – May 26

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<thead>
<tr>
<th>Time</th>
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<tr>
<td>9:00-9:30</td>
<td>Social, cultural and political dimensions of Transgender</td>
<td>Lecture 4</td>
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<td>Oral paper 4</td>
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<tr>
<td></td>
<td>A. Giami</td>
<td>Norway and Turkey Symposium</td>
<td>FISS Symposium</td>
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<tr>
<td>9:30-10:30</td>
<td>Round Table 1</td>
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<td>10:00-10:30</td>
<td>High frequency sex problems amenable to transcranial brain stimulation</td>
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<td></td>
<td>N. Prause</td>
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<tr>
<td>10:30-11:00</td>
<td>Body, mind or medication - what affects sexual health in psychiatric patients?*</td>
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<td>M. Lew-Starowicz</td>
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<td>11:00-11:30</td>
<td>Coffee break</td>
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<tr>
<td>11:30-12:30</td>
<td>Plenary Section 1</td>
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<tr>
<td>12:30-13:30</td>
<td>From Penile Rehabilitation to Sexual Rehabilitation.</td>
<td>Hypersexuality and Paraphilia Round Table</td>
<td>FISS Youth Symposium</td>
<td>Oral Paper 6</td>
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<td>C. Reisman</td>
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<td>An integrative conceptual framework for the development of multi-level</td>
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<td>sexual health services</td>
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<td></td>
<td>E. Kirana</td>
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<tr>
<td>13:30-14:30</td>
<td>Sponsored Lunch panel</td>
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<td>Master Lecture</td>
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<td></td>
<td>F. Tripodi</td>
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<td>15:00-16:00</td>
<td>Plenary Section 2 About Flibanserine</td>
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<td>16:00-16:30</td>
<td>Coffee break</td>
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<td>16:30-17:00</td>
<td>Erotic imagery</td>
<td>Teenagers' Sexuality Symposium</td>
<td>Portuguese Society of Clinical Sexology</td>
<td>Oral Paper 6</td>
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<td></td>
<td>R. Rossi</td>
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<td>Symposium</td>
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<td>17:00-17:30</td>
<td>Sleep and sexuality</td>
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<td>A. Fabrizi</td>
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<td>18:00-18:30</td>
<td>GOLD MEDAL 1</td>
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<td>18:30-20:00</td>
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<tr>
<td>9:00-10:30</td>
<td>Croatian-Slovenian Symposium</td>
<td>WPA-EFS Symposium</td>
<td>Israeli Society for Sex Therapy (ISST) and the Sexual &amp; Marital Dutch Sexology Association (NVVS) Symposium</td>
<td>Oral Paper 7</td>
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<td>11:30-13:00</td>
<td>EFS-ESSM Round Table</td>
<td>EFS Youth Round Table</td>
<td>Spanish Symposium</td>
<td>Oral Paper 8</td>
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<td>13:00-14:00</td>
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<td>Sponsored Lunch panel</td>
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<td>14:00-14:30</td>
<td>How to Survive Infidelity M. Sungur</td>
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<td>Masturbation - from sin to health benefits Symposium</td>
<td>Oral Paper 9</td>
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<td>14:30-15:00</td>
<td>Are health care providers ready to provide sexual health? M. Luria</td>
<td>Sexology in European context: North and South Symposium</td>
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<tr>
<td>15:00-15:30</td>
<td>From Africa to Sicily: sexual health in immigrants S. Caruso</td>
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<td>Sexologies Presentation</td>
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<td>Coffee break</td>
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<td>GOLD MEDAL 3</td>
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<td>Plenary session 3</td>
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<td>20:00</td>
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<td>Gala dinner</td>
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# Saturday – May 28

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<tr>
<td>9:00</td>
<td>Transgender Health and the Resource of Sexualities Symposium</td>
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<td>Oral Paper 10</td>
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<tr>
<td>10:30</td>
<td>WAS Youth Symposium</td>
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<td>10:30-11:00</td>
<td>Coffee break</td>
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<tr>
<td>11:00-12:30</td>
<td>Recent and new approaches in sexual therapy: Where do we go? Symposium</td>
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<td>12:30-13:30</td>
<td>Closing Ceremony</td>
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Thursday, May 26
9:00 - 11:00 | Elafiti 1

Norway and Turkey Symposium
SEXUAL PAIN: BODY, MIND AND CULTURE

Chairs: Elsa Almås, Mehmet Sungur

TURKEY:
Body & Mind
Anıl Gunduz

Culture
Rayka Kumru

Understanding vaginismus: Symptom or disease or culture-bound syndrome?
Treatment pitfalls due to misunderstandings
Mehmet Sungur

NORWAY:
Body
Anita Paulsen

Mind
Ingvild van der Beld

Culture
Rikke Pristed
Thursday, May 26

9:30 - 11:00 | Elafiti 2

FISS Symposium

SEXUAL HEALTH AND TECHNOLOGICAL INNOVATIONS: HOW THE SEXOLOGY CHANGES

Chairs: Roberta Rossi (Italy), Salvo Caruso (Italy)

Male Sexuality and Social Network

Adele Fabrizi (Italy)

Using Smartphone Apps to Find Sexual Partners

Antonio Prunas (Italy)

Technological innovation in the treatment of sexual dysfunctions related to depression and anxiety

Mariateresa Molo (Italy)

Sexual Addiction 2.0: Assessment Tools, Treatment and Prevention

Anna Tampelli (Italy)
Thursday, May 26
12:30 - 13:30 | Elafiti 1

Round Table
HYPERSEXUALITY AND PARAPHILIA

Chairs: Peer Briken (Germany), Aleksandar Štulhofer (Croatia)

An Empirical Deconstruction of Hypersexuality: Toward a More Heterogenous Clinical Phenomenon
**Aleksandar Stulhover** (Croatia)

Self-efficacy to change pedophilic sexual interest
**Safiye Tozdan** (Germany)

Paraphilic disorders- Does gender and sexual orientation influence clinical decision making?
**Verena Klein** (Germany)

Neurobiology of pedophilia
**Tillmann Krüger** (Germany)
Thursday, May 26
12:30 - 13:30 | Elafiti 2

FISS Youth Symposium

Chairs: Margherita Colombo (Italy), Simona Di Santo (Italy)

Personality traits in men with Erectile Disfunction and/or Premature Ejaculation
Marco Silvaggi (Italy)

Survey on Italians' male and female erotic imagination and its clinical implications.
Cristina Rossetto (Italy)

Sexual health and contraceptive behaviors of female university students
Valentina Fava (Italy)
Thursday, May 26
16:30 - 18:00 | Elafiti 1

Teenagers’ sexuality Symposium
SEX EDUCATION MEETS THE 21ST CENTURY

Chairs: Mijal Luria (Israel), Stefano Eleuteri (Italy)

Do current sex education programs meet the 21st century needs?
Joanne Zack Pakes (Israel)

Social media, relationships and sexuality
Stefano Eleuteri (Italy)

Pornography and adolescence
Mijal Luria (Israel)

Religious doctrine and modern sexual behaviors in teens
Anna Woloski-Wruble (Israel)
Thursday, May 26
16:30 - 18:00 | Elafiti 2

Portuguese Society of Clinical Sexology Symposium

HOW SEX WORKS... FROM LAB TO CLINIC

Chairs: Sandra Vilarinho (Portugal), Ana Alexandra Carvalheira (Portugal)

ANIMAL LAB, Patophysiology of erectile dysfunction
Pedro Vendeira (Portugal)

CLINICAL LAB. Sexual Dysfunctions: from lab to clinical implications
Pedro Nobre (Portugal)

FIELD LAB, Sex workers and pleasure
Alexandra Oliveira (Portugal)
Croatian- Slovenian Symposium
CROATIAN AND SLOVENIAN STEPS
IN SEXUAL MEDICINE AND SEXUAL THERAPY

Chairs: Goran Abanas (Croatia), Irena Rahne-Otopeč (Slovenia)

Work in an outpatient clinic for sexual health – Croatia and Slovenia – similarities and differences
Irena Rahne-Otopeč (Slovenia), Goran Arbanas (Croatia)

Sexualized media and sexual risk taking – prospective study
Aleksandar Stulhofer (Croatia), Goran Koletic & Ivan Landripet (Croatia)

Working as an gynaecologyst in treatment of female sexual problems
Gabrijela Simetinger (Slovenia)

Transsexuality
Iva Zegur (Croatia)
Friday, May 27
09:00 - 10:30 | Elafiti 1

WPA-EFS Symposium

Chairs: Antonio Palha (Portugal), Robert Porto (France)

Stem Cells in ED
Ruben Hernandez (Venezuela)

Differentiation of genital dysmorphophobia with the development of screening questionnaires
Kevan Wylie (UK)

Transgender Trans-selves: from cultural and clinical perspectives
Radwa S Abdelazim (Egypt)
Friday, May 27

09:00 - 10:30 | Elafiti 2

Israeli Society for Sex Therapy (ISST) & The Dutch Sexology Association Conjoined Session
Symposium
MIND THE CULTURAL GAP

Chairs: Trudy Griffioen (Netherlands), Mijal Luria (Israel)

Challenges in cross-cultural therapy - Discussion groups

Cultural competence in sex therapy
Ronit Aloni (Israel)

Cross-cultural communication skills
Sam Geuens (Belgium)
Friday, May 27
11:30 - 13:00 | Elafiti

EFS-ESSM Round Table

THE BLINDSPOTS AND CHALLENGES IN EVERYDAY PRACTICE; WHAT DO WE MISS?

Chairs: Chiara Simonelli (Italy), Yacov Reisman (The Netherlands)

Bio-psycho-social approach - what we have and what we miss
Francesca Tripodi (Italy)

The case of ED or The case of unconsummated marriage
Paraskevi-Sofia Kirana (Greece)

The case of infidelity
Mehmet Sungur (Turkey)

The case of low desire
Woet Gianotten (The Netherlands)

Summary and Conclusion
Y. Reisman (The Netherlands)
Round Table EFS Youth
BUILDING BEST PRACTICE IN SEXUAL HEALTH FOR YOUNG PEOPLE

Chairs: Beatrice Cuzin (France), Filippo Maria Nimbi (Italy)

Young people and Sexual Health: new trends and risk factors
Filippo Maria Nimbi

Recreational use of PDE5 inhibitors in young males
Anil Gündüz

Online sex and relationships: new fragilities of emotional bonds
Marilena Iasevoli

Youth sexuality: implications for social policy makers and clinical practice
Nicholas Briffa

Sex and stereotypes: Cultural aspects among young people
Rayka Kumru

Sexual behaviour and education: a cross-sectional study in Romania
Adrian Costin Calomfirescu
Friday, May 27

11:30 - 13:00 | Elafiti 2

Spanish Symposium

Chairs: TBA

Miren Larrazabal Murillo

Miguel Angel Cueto Baños

Carlos Pol Bravo

Francisco Cabello Santamaría
Friday, May 27
14:00 - 15:30 | Elafiti 1

**SEXOLOGY IN CONTEXT: NORTH AND SOUTH APPROACHES**
Symposium

Chair: Alain Giami (France)

The construction of Sexology as a profession in Portugal
Violeta Alarcao (Portugal)

Sexology in Norway, 2001 and 2011
Cecilie Almas (Norway)

Sexology in Spain
Felipe Hurtado Murillo (Spain)

Sexology in Italy, an overview
Roberta Rossi (Italy)

Global sexology: Western Europe and Latin America
Alain Giami (France)
Friday, May 27
14:00 - 15:00 | Elafiti 2

MASTURBATION - FROM SIN TO HEALTH BENEFITS
Symposium

Chair: Gila Bronner (Israel)

Masturbation as a tool in sex therapy
Gila Bronner (Israel)

Female Masturbation- from assessment to treatment
Einat Elran (Israel)

Masturbation as a tool in care
Woet Gianotten (the Netherlands)
Saturday, May 28

09:00 - 10:30 | Elafiti

TRANSGERDER HEALTH AND THE RESOURCE OF SEXUALITIES
Symposium

Chairs: Timo O. Nieder (Germany), Cecilia Dhejne (Sweden)

Transgender Health Care: A Paradigm Shift
Timo O. Nieder (Germany)

Relevance and Specialties of Sexual History Taking with Trans* Persons
Cecilia Dhejne (Sweden)

Transitioning also a sexual journey? Sexual desire and Genderconfirming Treatment:
Findings of a European Multi-Center Study (ENIGI)
Els Elaut (Belgium)

Things Trans People Can Do with their Bodies: Lived Realities, Creative Potentials and Challenges of Trans and Gender queer Sexuality
Robin Bauer (Germany)
Saturday, May 28

09:30 - 10:30 | Elafiti 2

WAS Youth Symposium

HOW CAN THE NEW DECLARATION OF SEXUAL RIGHTS BE APPLIED TO EUROPEAN YOUTHS

Chairs: Kevan Wylie (UK) - Anton Castellanos Usigli (Mexico)

Sexual rights for the minorities in tech
Katarzyna Peichert (Poland)

The Internet as the new medium to guarantee the right to sexual education enjoining the scientific progress
Stefano Eleuteri (Italy)
Saturday, May 28

11:30 - 12:30 | Elafiti

**RECENT AND NEW APPROACHES IN SEXUAL THERAPY: WHERE DO WE GO?**

Symposium

Chairs: **TBA**

The neurobiology of psychotherapy: What are the implications for our daily work
*Tillmann Krüger* (Germany)

Recent approaches in sexual therapy: What is state of the art for sexual dysfunctions and couple problems?
*Pedro Nobre* (Portugal)

New developments in sexual therapy: “A 21st century approach”
*Uwe Hartmann* (Germany)