Short Visit Report

EUROPEAN UROLOGICAL SCHOLARSHIP PROGRAMME (EUSP)

[2-week short visit: 9-23 January 2016]

Department of Urology of the Royal Hallamshire Hospital

Sheffield, United Kingdom

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Introduction
My short visit to the Department of Urology of the Royal Hallamshire Hospital in Sheffield, United Kingdom was from the 9-23 January 2016. The hospital is a urological centre of excellence in several fields of urology, which is chaired by Prof. Chris Chapple. He is an Honorary Professor of Urology at the University of Sheffield, Visiting Professor of Urology at Sheffield Hallam University and Secretary General of the European Association of Urology. My main areas of interest were functional urology and uro-oncology under the tutorship of Prof. Chapple.

Accommodation
I stayed at the Kadampa Meditation Centre Sheffield. I stayed in a very comfortable and furnished studio apartment. It had all the facilities needed for a comfortable stay and was walking distance from the hospital (15 minutes) and the supermarket (5 minutes). The centre of Sheffield was a 15-minute walking distance from the apartment. I found this accommodation through AiR BnB.

Scholarship activities
I was actively involved in attending clinic, ward rounds, and operating lists; both in the main theatre and in outpatients where flexible cystoscopies were carried out. I participated very actively in all of the clinical activities and saw a number of reconstructive procedures of various kinds, including most of the types of urethral reconstruction. I also saw a number of female urethral diverticula excised. In addition, I also attended other activities in the department relating to uro-oncology, robotic surgery, laparascopy (non-robotic) and endourology.

I attended multiple operating lists in the four operating theatres that were running on most days. I was involved in a scientific programme to build a European survey on functional urology. I’m still working on this programme that will be developed further in the future.

Conclusion
My experience as an EUSP scholar in Sheffield was most rewarding. It allowed me to expand my clinical and surgical knowledge in several fields of urology, surpassing my initial expectations. I would strongly recommend it [EUSP scholarship] to all urology residents and young specialists.
Acknowledgement

I would like to express my deepest gratitude to all the staff (medical, nursing and administrative) from the Department of Urology for their hospitality and courtesy (both professional and personal), with a special word of appreciation to Prof. Chapple.